

PITTSFIELD POST

A FREE WEEKLY PRODUCTION BY COMMUNITY VOLUNTEERS

"I wonder what it would be like to live in a world where it was always June."

JUNE 30, 2021

L. M. Montgomery

Pittsfield Girls on the Run Team sends some LOVE to First Responders!

The Pittsfield Girls on the Run Team, made up of 3rd, 4th and 5th graders concluded their 2021 season with a Community Impact Project and used their creativity to thank Pittsfield First Responders!



Pictured: Howard Mackenzie, Joe Anderson and Cameron Drew - Pittsfield EMS/FIRE

2021 Foss Family Scholarship Recipients

Past graduates:

- Jordyn Pinto \$1,000-Animal Behavior Institute
- Sydney Booth \$1,500-Peter T. Paul College of Business and Economics at the University of New Hampshire
- Casey Clark \$1,500-Plymouth State University
- Julianna Hodson \$1,500-University of Maine at Drono
- Victoria Lee \$1,500-Southern New Hampshire University
- Bryana Morris \$1,500-University of New Hampshire at Manchester
- Paige Provencal \$1,500-Colby-Sawyer College
- Jessica Rainville \$1,500-University of New England
- Tucker Wolfe \$1,500-University of Utah
- Colby Wolfe \$1,500-University of New Haven
- Jolene Wood \$1,500-University of New Hampshire
- Autumn Colon-Pagan \$2,000-University of New Haven
- Carolley Garvin \$2,000-Plymouth State University

The recipients from the Class of 2021 were:

- Alden English \$2,000-Manchester Community College
- Harrison Hill \$2,000-NHTI
- Jesse MacGlashing Jr. \$2,000-Colby-Sawyer College
- Ryan Stephens \$2,000-Southern New Hampshire University
- Trinity Morse \$3,000-Plymouth State University
- Jah Gordon \$4,000-Colby-Sawyer College
- Amber Johnson \$5,000-NHTI
- Benjamin Marcotte \$5,000-NHTI



The Post Volunteers will be celebrating Independence Day. The next issue of *The Post* will be on

July 14, 2021.

Pittsfield Town Crier Andi Riel, 435-6346
pittsfieldtowncrier@hotmail.com

MC Hoops is hosting their basketball camp at Pittsfield Middle High School again this summer. Half Day 9am-12pm (\$125) or Full Day 9am-3pm (\$175) on 7/5-7/9. Kids Grades 2-12 are welcome. Contact Coach Ryan Mckenna at mchoops603@gmail.com. Register via the website <https://sites.google.com/view/mc-hoops-basketball>.

Saturday July 10, 8:30am Joy Church community breakfast is held the second Saturday of every month. All are invited to come out and enjoy a free, hot breakfast with others from the community.

July 19, Pittsfield Senior Center Cookout! If interested in participating, please call and sign up by Friday, July 9th, 435-8482.

July 20, 10:00 AM - Jigsaw Puzzle Competition. Do you consider yourself a master puzzler? Prove it. We are having a puzzle competition and prizes will be given out to the winner. This can be played with a partner or alone. Call 435-8482 for more information.

July 22 Grip and Rip Charity Golf Tournament to benefit Nathan's Fight Foundation and the National Multiple Sclerosis Foundation will be held at Canterbury Woods Country Club. For information contact grip.ripgolf24@gmail.com

July 24, Pittsfield Old Home Day! We are having a much smaller event than usual. The Main Street and Dustin Park events will not be held this year but we hope everyone will come together and have a FUN Day. The Parks & Recreation committee is sponsoring a Community Cookout (\$3/person) at noon at the FB Argue Town Beach – free swim and relaxing too. The KIDS BIKE PARADE will be held at 1:30pm (on Clark St at the Town Beach) – more info to come. At Drake Field at 7:45pm there will be a presentation of the 2021 Pittsfield Citizen of the Year and the Boston Post Cane recipient. The NEVERS BAND will play at 8pm and a fabulous FIREWORKS Show will end the day.

Pittsfield Senior Center - Weekly Schedule

Bingo: Mondays and Thursdays 10am. \$1 to play. Bring your own water or coffee.

Chair Yoga: Tuesdays, 10:45am. Please recognize that it is summer and sometimes due to heat yoga class may be canceled.

Cribbage and Game Day: Wednesdays 10:00am.

Virtual Bowling: Fridays 10:00am.

Call 435-8482 to make reservations. Masks are still required and you'll be asked to complete a waiver.

B.C.E.P. Solid Waste Facility Seasonal Hours through September 30 Tues, Wed, Fri – 7:30am – 4pm, Thurs – 7:30am -6pm and Sat- 7am -2pm (scale closed 15minutes closing). Closed on Sun and Mon. For more information visit bcepsolidwaste.com

Crimeline Update If you know of someone who has committed a crime, you can contact the Concord Regional Crimeline (CRCL)by phone (603-26-3100) or by the website link on the Crimeline home page concordregionalcrimeline.com All tips are completely anonymous and if your tip leads to the arrest of a criminal, you can receive UP TO \$1,000.00. If you have any questions, feel free to contact the Pittsfield CRC; Board of Director Representative, Merrill Vaughan at MerrillVaughan@yahoo.com

Happy Anniversary wishes to Val & Denis Guy last Saturday. Cheers to many more years! **Happy Birthday** wishes to Cody Osborne last Sunday. I hope you had a fabulous day

FB Argue Recreation Area aka Town Beach

Hours 12-5 Monday - Friday

1-5 Saturday and Sunday

- Cost: \$1.00 Pittsfield residents, \$1.50 Non-residents
- Family Season Pass: \$50.00
- Day Lessons July 5 - July 16
- Night Lessons July 26 - August 6
- Adult Only Schedule:
Tuesday and Friday 10am -12pm

Lessons and Family Passes may be purchased during beach hours.



GameTime for Adults

FB Argue Recreation Area

Adult Only" mornings are scheduled for Tuesday and Friday's 10am to 12pm, play lawn games, swim, and socialize with other adults. If there is enough interest we will consider additional times.

Cook's Corner

Summer Parmesan Chicken

Here's a lighter version of traditional "Chicken Parm" that's perfect for warm summer evenings. I prefer to use fresh, thin-sliced Mozzarella, but the shredded cheese works well too. Using a mix of red, yellow and orange cherry tomatoes makes for a colorful presentation. Remember we eat with our eyes first! I hope you and your family will enjoy this one. Mangia!

- ¼ cup flour
- 1 egg, lightly beaten
- 2/3 cup Panko breadcrumbs
- 6 to 8 thin sliced chicken cutlets
- Kosher or sea salt Body text
- Fresh ground black pepper
- 2 Tbsp olive oil
- 1 cup shredded Mozzarella OR fresh, thin-sliced Mozzarella
- 1 & ½ cups chopped zucchini
- 1 & ½ cups cherry tomatoes, halved (use red or combination of colors)
- 2 cloves garlic, thinly sliced
- ¼ fresh basil leaves, chopped or left whole, for garnish

Place flour, egg and breadcrumbs in 3 separate bowls. Season the chicken with salt & pepper. Dredge the chicken in the flour, dip in the egg, then dredge in the breadcrumbs in that order.

Heat oil in a large skillet until hot. Cook the chicken for 2 to 3 minutes per side until done. Move the chicken to a foil lined baking sheet, top with the cheese, and broil until the cheese starts to melt.

Meanwhile, add a little more oil to the skillet and saute the zucchini, tomatoes and garlic until tender, about 5 or 6 minutes.

Serve the chicken with the vegetables on top and garnish with the fresh basil. Cooked linguine dressed simply with olive oil and fresh grated Parmesan cheese and a small salad are great sides for this meal. - MP Christakos

Want to see the pictures in color?

Subscribe to receive the *Post* by Email
Go to: www.PittsfieldPost.org
Or scan the QR code



You're Invited to a Planning Meeting for a Pittsfield Community Night Out

The Josiah Carpenter Library has begun contacting and coordinating organizations to gather for a community event during the second half of September. During our initial conversations, people have been enthusiastic for an opportunity to gather throughout downtown attractions and share future plans and ideas. The *Pittsfield Community Night Out* will likely be held 4-7pm between September 13-25. If your business, church, or organization might want to participate, you're invited to a planning meeting at 5pm on Wednesday July 21 at the Town Beach on Clark Street, rain location is the Josiah Carpenter Library. If you have questions or would like to remain updated about the event, please email lvogt@pittsfieldnh.gov or call the library at 435-8406. We'll plan for summer fun to continue into fall!

Double Word Puzzle by Diana Westgate

Find the word that satisfies both definitions

1. Type of fish _____ Medieval weapon
 2. Heap _____ Material surface
 3. Disagreeable person _____ Medication form
 4. Evergreen tree _____ Grieve
 5. Smoking device _____ Decorate with icing
 6. Large hole _____ Peach center
 7. Defined area _____ Come in second in a horse race
 8. Airborne vehicle _____ Carpenter's tool
 9. Factory _____ Spy
 10. Theatrical offering _____ Recreation
- The answers are on p.7

Express your Opinion!

Do you have opinions you would like to share?

Submission Guidelines

- ▶ Identify yourself and provide contact information.
- ▶ 300 words or less; exceptional information may exceed the word limit at the discretion of the *Post* Content Team.
- ▶ Topics may include events, issues, and opportunities about or affecting Pittsfield.
- ▶ Please be civil, factual, specific, and clear. No submission is guaranteed publication.

Deadline is noon on Friday via pittsfieldnews@pnhcc.org

The *Post* Volunteers

In My Opinion One Vote Short of a Dump Truck

In March this year a disturbing event occurred when Pittsfield residents voted. For the first time in my experience here, which is about twenty years, a warrant article requesting funding for a Capital Reserve account failed to get approval. It only failed by one vote, but that was part of a trend which could become a big problem for the town.

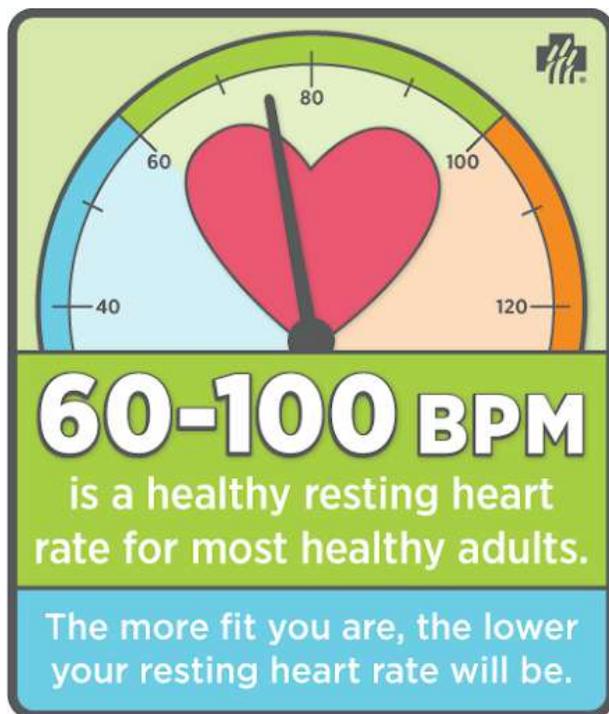
The request was for \$65,000 to be placed in the Dump Truck Capital Reserve account. This is a lot of money, but trucks fitted out the way the town needs them cost about \$180,000.

The town owns three of these trucks and expects them to last 10-12 years, so one gets replaced every 3-4 years. The plan was to replace a 2006 truck soon and the fund had enough money for that. But a newer truck, from 2009, has become unreliable and expensive to maintain. It will have to be replaced soon too, and the reserve won't support two trucks at once, hence the warrant request to have the taxpayers reserve \$65,000 for two consecutive years.

It's not clear why the newer truck has not held up as expected. Perhaps the increasing electronic complexity needed to meet emissions and fuel economy is causing a decrease in longevity. If so the town will have to revise its replacement schedule, and the way it explains the need for voter approval of Capital Reserve funding.

We need to make these Capital Reserve fund appropriations.

It's my opinion that there is an explanation for the way people voted this year. It's called SB2. I have more thoughts about that, but there are word limits on these Opinion pieces. I'll try to get them into the *Post* another time. *Bill Miskoe*



PMHS Student Spotlight: How Does Blood Pressure Respond to Classical Music?

Hi, my name is Jadin Weygand. I am a member of the class of 2024. My favorite subject is Biology because I want to learn about cells, tissues, organs and the human body. I enjoy doing enrichment assignments to challenge myself. That is why I am passionate about this investigation. My hypothesis is "If a person listens to soft, calming music, then their heart rate and blood pressure will decrease because the music will help the subject to relax." I wrote a two step procedure in which I measured my subjects' heart rate and blood pressure while seated and at rest. Next, the subjects remained seated as they listened to a recording of calm classical music and I measured their heart rate and blood pressure as they were listening. I recorded my data and compared the before and after measurements. My data supported my hypothesis because 70% of the subjects presented a small decrease in both heart rate and blood pressure while listening to the music. Subjects also reported that they felt more relaxed following the experiment. My procedure just represents the tip of the iceberg of the many variations of this experiment I could use. For example, I could group the subjects by age and/or gender or vary the type of music. Since I hope to pursue a career in medicine, I was excited to have the opportunity to interact with real patients and to evaluate the data I collected. *Jadin Weygand*

Classifieds

Daycare Openings Current openings for infants and toddlers at daycare in downtown Pittsfield. Over 20 years experience. Please call 603-435-0871. Leave message.

Introducing .."Dear Crabby", If you have a burning question requiring an answer, please submit them to *The Post!!*

Dear Crabby:

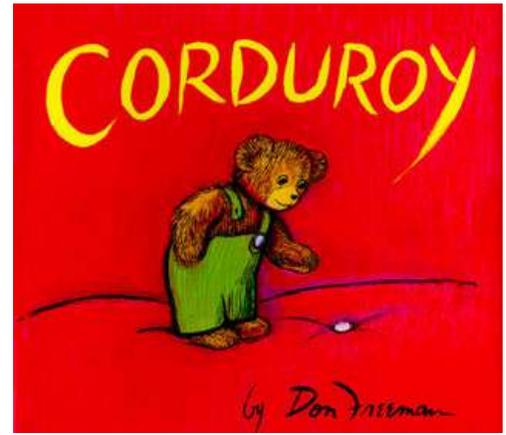
My partner of thirty plus years complains that I have taken over all the closets with my clothes. He puts all his clothes in a heap and doesn't want to use a closet.

Do I have to empty out half of the closets and give away my clothes just to keep him happy?

Do you think we need to see a marriage counselor? - *Closet Queen*

Queenie:

Only if you want to get married. *Crabby*



Gather Up Your Favorite Stuffed Animal and Join Corduroy for the Next Town-Wide StoryWalk®

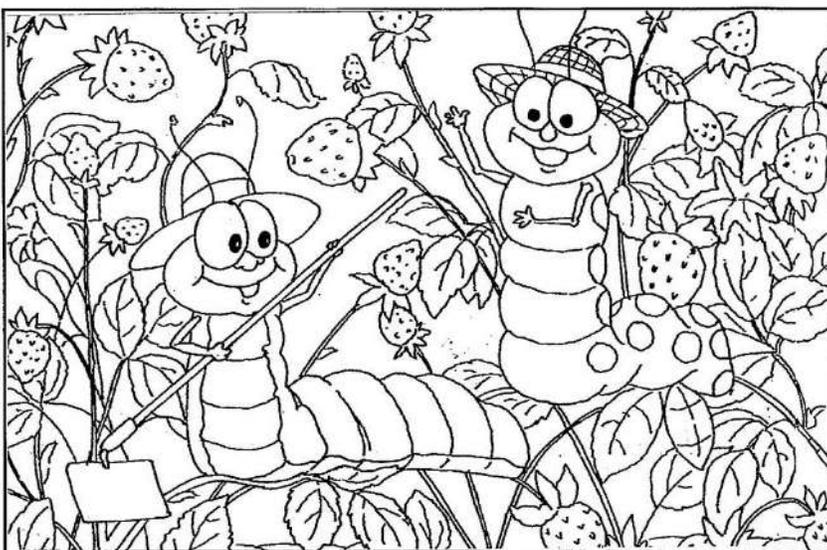
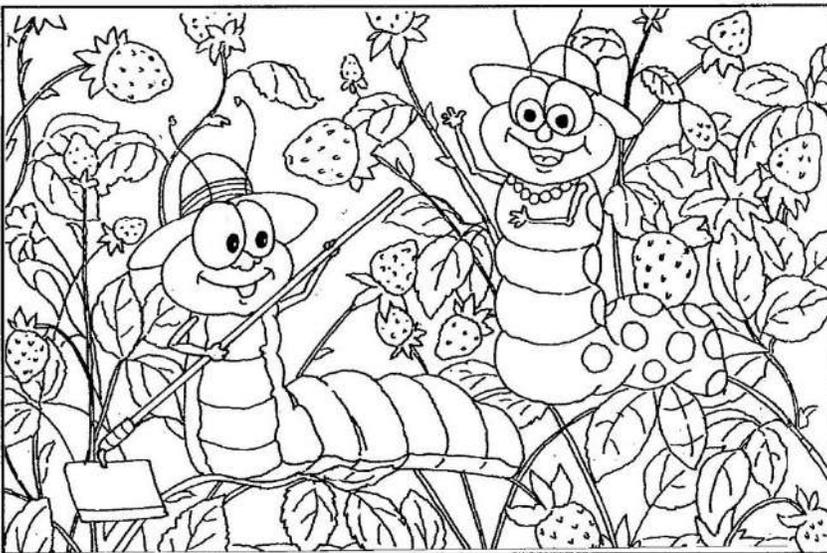
The Josiah Carpenter Library is excited to announce that the next StoryWalk® featuring the classic children's book **Corduroy**, by author Don Freeman is available for your viewing pleasure. Pages from this book have been mounted in 18 windows throughout the downtown area. Families are encouraged to grab a map from the mailbox that is attached to the new community bulletin board at Dustin's Park and make their way around town to complete the whole story. As you return to the library on Main Street to read the last page of the book, stop in to pick up a free gift donated by No Worry Storage.

As you visit the StoryWalk®, you may notice that there are questions on each page. Asking your child questions about what is being read, helps them develop language and vocabulary skills. Talking about the book also helps build your child's reading comprehension and aids in attention and memory skills.

The StoryWalk® project was created by Anne Ferguson of Montpelier, VT and developed in collaboration with the Vermont Bicycle & Pedestrian Coalition and the Kellogg Hubbard Library to enjoy reading and the outdoors at the same time.

We thank the local businesses who warmly welcomed this literacy project in our downtown area and offered their window space. We plan to change the book every few weeks. Keep an eye out for the next title! *Melissa Babcock*

Find Ten Differences www.hiddenpicturepuzzles.com



To my constituents in Pittsfield,

The week of June 14 the House and Senate worked together to finalize bills amended by each other. I was assigned to four of these committees of conference, and three went very smoothly. For SB 133 and SB 104, omnibus bills on professional licensing and state employees respectively, we merely explained our amendment to the Senate and they agreed with us. HB 533, on how the lottery commission investigates gaming applicants, was a bit more complex: the Senate had (helpfully) expanded our language to charitable gaming operators, but inadvertently used the expired statute as a base rather than the current one. So we met to fix the reference, and added some clarifying language on cost reimbursements as well. All very amicable.

HB 417, on the governor's emergency powers, was also amicable but not as productive. We met three times, agreeing on the Senate language for fiscal oversight and notifications, with a few tweaks. It soon became evident that we disagreed on whether or not the legislature needed to vote to continue a state of emergency. Everyone agreed that we could vote to end one – that's current law – or a specific emergency order; the House position that the emergency would end without specific authorization was not agreed by the Senate (nor the governor, for that matter.) Since that position was strongly held by many House members (supported by a 328-41 vote!) the committee was unwilling to give it up. After making a final offer of 90 days before a vote was needed, we agreed to disagree.

This week, the House and Senate met for the last scheduled session for this year (a veto session is possible.) With minimal debate and voice votes, we passed 30 bills, including three from my committee. The real action was on the budget, of course. HB 1, the actual dollar allotments, had lengthy debate before passing, 208-172. This was party line, with one member of each crossing over. It was interesting that the opponents seemed convinced that the state tax cuts -business, rooms & meals, and interest & dividends – would only benefit “the rich” and out of state businesses. Well, yes, they get the biggest dollar amounts because they pay the most, but a 20% cut in interest & dividends benefits every retiree living off their savings. And the cut to the statewide property tax will show up on everyone's property tax bills.

HB 2, the budget trailer bill, generated even more debate (20 speakers!) because it included a number of controversial policy positions. The issues debated were tax cuts, education freedom accounts, a ban on late term abortions, banning teaching critical race theory, changes to the governor's emergency powers, and a family and medical leave program for state employees. I support all but the last; the emergency powers reform was fine but incomplete. I was pleased that Epsom will get full funding for its kindergarten program, and that school building aid (Allenstown is high on the list) is there; wastewater and water treatment programs are also funded. The budget passed, 198-181, with nine Republicans (none from this district) joining all Democrats in opposition.

The only other bill that generated messages from constituents was SB 154, a ban on enforcing federal gun laws; it was tabled, 354-19, because the language was unclear and it also might affect *otRepresentative Carol McGuire*, mcguire4house@gmail.com 782-4918

Find the Difference Answers Eyes, Spot, Necklace, Tongue, Hat, Strawberry, Hoe Handle, Hat Band, Smile (Boy), Hoe Blade.



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JULY 2021 CALENDAR OF EVENTS

Mondays, 10am-6pm Josiah Carpenter Library
11am-2pm, 4-6pm Pittsfield Food Pantry
11am-7pm Town Hall

Tuesdays, 2pm-6pm Josiah Carpenter Library
10am-4pm Pittsfield Clothes Closet
8am-4pm Town Hall

Wednesdays, 2pm-6pm Josiah Carpenter Library
10-4pm Pittsfield Clothes Closet
1-4pm Town Hall

Thursdays, 10am Library Story Hour, Town Beach
11am-2pm Pittsfield Food Pantry
10am-6pm Josiah Carpenter Library
8am-4pm Town Hall

Fridays, 8am-4pm Town Hall

Saturdays, 10am-2pm Josiah Carpenter Library
10am-1pm Pittsfield Clothes Closet

1 Thursday 6:00pm Zoning Board of Adjustment Meeting, Town Hall

5 Monday 7:30pm American Legion Peterson Cram Post #75 Meeting, Town Hall

6 Tuesday, 9-11am Diaper Pantry, First Congregational Church

8 Thursday, 5:30pm School Board Meeting, PMHS Lecture Hall and public access via Zoom

7pm Planning Board Meeting, Town Hall

10 Saturday, 8:30am Joy Church Community Breakfast, 55 Barnstead Road

13 Tuesday, 6pm Selectboard Meeting, Town Hall

6:15pm Parks and Recreation Meeting, Bicentennial Room, Pittsfield Community Center or Town Beach

14 Wednesday 6pm Community Development Committee, Town Hall

20 Tuesday, 9-11am Diaper Pantry, First Congregational Church

21 Wednesday, 5pm "Pittsfield Community Night Out" Planning Meeting followed by Library Trustees Meeting, Josiah Carpenter Library

22 Thursday, 7pm Conservation Commission Meeting, Town Hall

23 Friday, 10am Pittsfield Post Volunteers Meeting, Bicentennial Room, Pittsfield Community Center or Town Beach

26 Saturday Old Home Day

Noon Community Cook Out, Town Beach

1:30pm Bike Parade, Town Beach/Clark Street

7:45pm Presentation of Citizen of the Year and Boston Post Cane, Drake Field

8pm Nevers Band Concert, Drake Field

9:15pm Fireworks, Drake Field

27 Tuesday, 6pm Selectboard Meeting, Town Hall

*Do you have a meeting or event you want to share?
 Email: pittsfieldnews@pnhcc.org*

Double Word Puzzle Answers

1. Type of fish – **pike** – Medieval weapon
2. Heap – **pile** – Material Surface
3. Disagreeable person – **pill** – Medication form
4. Evergreen tree – **pine** – Grieve
5. Smoking device – **pipe** – Decorate with icing
6. Large hole – **pit** – Peach center
7. Defined area – **place** – Come in second in a horse race
8. Airborne vehicle – **plane** – Carpenter's tool
9. Factory – **plant** – Spy
10. Theatrical offering – **play** – Recreation

Please Support the *Pittsfield Post*

Pittsfield Center Development Corporation (PCDC), owner of the Community Center, is the fiscal agent for the *Pittsfield Post*. PCDC is a non-profit organization whose mission is to engage in activities that benefit Pittsfield. Checks should be made out to:
Pittsfield Center Development Corporation, memo: Newspaper
P.O. Box 253, Pittsfield, NH 03263
 Donations are tax-deductible. Donations above \$50.00 may be acknowledged as sponsor of the week.

Name: _____ Phone _____

Address: _____

Email Address: _____

I would like to have sponsorship acknowledgement: Yes ___ No ___

Text for Sponsorship: _____

PITTSFIELD, NH

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Special Knowledge, Skills and Abilities Required:

- Ability to Read, Write and Speak English
- Basic knowledge of computers or tablets
- Possess a willingness to learn
- Enjoy working with your hands
- Able to sit and/or stand for long periods of time
- Able to lift approximately 30 pounds
- Have strong organizational skills
- Possess a high attention to detail

Candidates with experience in the following areas are encouraged to apply:

- Quality Control and Inspection
- Machine Operation
- Assembly / Crafting / Knitting
- Stitching / Quilting

Office Staff / Customer Service

- Assist with customer service, order entry and processing for Firefighter Protective Clothing (known as turnout gear/fire suits). This role is counted on to ensure that each and every component of the order is accurate before it is sent to production.

Special Knowledge, Skills and Abilities Required:

- Self-starter with excellent time management skills
- Strong fluency in English language, both written and verbal
- 1-3 years administrative related experience is required
- High proficiency in keyboarding and data entry while maintaining accuracy
- Demonstrated ability to work in a team environment
- Proven success in a job or tasks requiring strong attention to detail
- Strong organizational skills and ability to multi-task
- Demonstrated ability to meet daily entry goals in a fast-paced environment
- Flexibility with work schedule preferred - core hours will be 8:00 AM to 4:30 PM Monday through Friday

Preferred:

- ABS 400 experience or other similar order management system
- Knowledge of Globe product line
- Previous production experience
- Bilingual, Spanish preferred

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