

PITTSFIELD POST

A FREE NEWSLETTER BY COMMUNITY VOLUNTEERS

"There are three things I've learned never to discuss with people - Religion, Politics, and the Great Pumpkin." - *Linus Van Pelt, from "It's the Great Pumpkin, Charlie Brown"*

October 30, 2024

New Restaurant in Barnstead

Paul and Kim Diomedede, along with their real estate partner, Julian Pecorino, have opened their second restaurant, The Lower East Side, on Rte. 28 in Barnstead. Located in the former JJ Goodwin's, the new pub is a very welcome addition to the area. The property required significant renovations, which the team has been handling since January, finally opening in late September.



The pub is located on the 'lower east side' of the building, which inspired the name and which also pays homage to the Lower East Side of Manhattan, where Paul and Kim lived for many years. The pub is a cozy, casual, and classy rock & roll bar, decorated with vintage photos of musicians and artists and classic *Rolling Stone* magazine covers. The delicious menu includes a nice selection of appetizers and salads, as well as close to a dozen hearty sandwiches and several entrees.

In addition to the tasty food, the pub also features two pool tables, and eight TVs for watching your favorite sports games. Within the next few months they plan to host live music nights, along with a weekly trivia night, music bingo, and possibly a pool league.

In Spring 2025, Paul and Kim plan to open the upstairs dining room, which will be known as The Upper West Side. Upstairs dining will offer classic American bistro fare including steak, lobster, New England seafood and the like. Next summer there will also be outdoor seating and outdoor live music.

The restaurant currently employs 14 staff, with Kristen Piper serving as lead chef and Leah Liouzis managing the bar. The Lower East Side is currently open 6 days a week (closed on Tuesdays) from 4pm to 11pm, with a limited dinner menu from 8pm to 11pm. By the end of this month, they plan to open for lunch.

In mid-November, Paul and Kim will host a fundraiser for The Scenic Theater. For anyone who dines at the pub and has tickets to the upcoming Pittsfield Players production of "Into The Woods," twenty percent of proceeds will be donated to the theater. They hope to host other fundraisers in the future.

Already drawing a great following of people who enjoyed JJ Goodwin's, The Lower East Side has quickly established itself as a warm, inviting and fun spot for family and friends to gather over great food and drinks. Plan to get over there soon. It will definitely become your go-to for a great time. *MP Christakos*

See inside for NH Senate and House of Representative Candidate Survey answers, and the November community calendar.



My fellow Americans, we have the privilege to vote! Get out and do it! *M.T. Schelble*

• Political Advertisement •

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KELLY & ALLARD
Democrat Independent

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Pittsfield Town Crier

Would you like an event listed? Contact Andi Riel at pittsfieldtowncrier@hotmail.com or 603-435-6346

Thurs, Oct. 31 - Be sure to stop in at the **PYW** (Pittsfield Youth Workshop) Haunted House on Park St. during the town trick-or-treating hours. This is designed and set up by the youth at PYW.

Thurs, Oct. 31, 5-8pm - Get ready for a spooktacular evening! **The Pittsfield Players** are thrilled to invite all little ghouls and goblins to our "Halloween Trick or Treat" event on Halloween night from 5-8pm at the Scenic Theatre, 6 Depot St. Kids can enjoy four fun-filled stations where they'll collect treats and participate in games. Plus, don't miss your chance to capture the moment in the photo booth. Snap a picture with your favorite dressed character!

Sat, Nov. 2 - Suncook Valley Rotary Club PENNY SALE - the doors will open at 4pm for you to check out all the great items we have this year! Tickets will be sold in sheets of 25 tickets and 1 door prize ticket for \$5/sheet, or 6 sheets for \$20. You then get to select which items you want a chance to win by entering a ticket (or more) for the prize. We will also have a 50/50 cash raffle and food concessions! 50/50 tickets are \$1 each, or 6 for \$5, or 30 for \$20 Door prizes will be drawn at 4:30pm, 5:30pm, and 6pm. Raffle prize drawings will start at 6:15pm. You must be present to win any of the drawings. We will have food, entertainment and door prizes for everyone who joins us early. Donations may be dropped off during normal business hours at Northway Bank in Pittsfield. All donations must be turned in by October 31st. You can find FAQs about the penny sale online at suncookvalleyrotary.org/SitePage/penny-sale

Mon, Nov. 4, 7pm - The Greater Pittsfield Chamber of Commerce's monthly meeting at the Community Center, lower level. Please note, this is a change because the second Monday of the month is the Veteran's Day holiday.

Mon, Nov. 4, 6:30pm - The Victory Workers 4-H Club will meet at the PES Gym.

Mon, Nov. 4, 6:30pm - The American Legion Peterson Cram Post 75 will meet at the Town Hall.

Tues, Nov. 5, from 9-11am - First Congregational Church of Pittsfield, the Infant Toddler Diaper Pantry will be open for families to receive supplemental diapers now, once every month. Each family receives diapers/product per child in need, and one package of wipes per family. Financial donations, donations of diapers (including open packages) and donations of wipes are always welcomed. Please call 603-435-7471 with any questions, including donation questions.

Tues, Nov. 5, 7am-7pm - 2024 State General Election at Pittsfield Middle High School Gymnasium, 24 Oneida Street. Please VOTE!

Wed, Nov. 6, 7pm - The Suncook Valley Sno-Riders will meet at the Pittsfield Fire Station.

Wed, Nov. 6, 6:30pm - The Suncook Valley Rotary Club will meet at the Historical Society Museum, Oak Street.

Thurs, Nov. 7 - Senior Center Deadline to sign up for Thanksgiving Lunch, which will be served on Wednesday, November 20, at 12pm. Thanksgiving meal with all the fixings.

Fri, Nov. 8 - Deadline to register for **Pittsfield Youth Athletics Association Basketball.** Ages 4-12, \$50/player. Coaches and Sponsors are needed. Please visit the website at www.pittsfieldyouthathletics.com or email pittsfieldyouthathletics@gmail.com

The Pittsfield Players proudly present: "Into the Woods!" Show dates are November 15th, 16th, 22nd & 23rd at 7:30pm, & November 17th at 2pm, at the Scenic Theatre, Depot St. To purchase your tickets, visit our website at www.pittsfieldplayers.org or call to RESERVE at (603) 435-8852! Tickets are \$20 - General Seating

Happy Birthday wishes to Logan Plante on Fri, Nov. 1. I hope you enjoy your special day.

Happy 40th Anniversary wishes to my brother/sister-in-law, Tim & Terry Riel on Sun, Oct. 27. Congratulations and Cheers to 40 years!

Happy Anniversary wishes to Stacey & Kevin Wittenberg and to Allison & Jim Buttafuoco on Mon, Oct. 28.

Dear Voters,

Voting for Jim Allard and Sally Hoskinson Kelly means voting for two 'individuals' to represent Pittsfield and Chichester who have shown that they can cross the aisle and work together, getting the work done with compassion and kindness for all people.

Pittsfield and Chichester's current state reps have not shown the ability to do this. They vote party lines and do not consider all their constituents. These representatives believe that **THEY** and our government should have the right to decide women's health, and they believe that **WE**, the taxpayers, should be paying to send NH school children to non-public schools! Their goal is to dismantle the institution of public schools!

They question the science behind climate change and how it is impacting our world, and they support a presidential candidate who aligns himself with foreign dictators; a candidate who continues to this day to make false claims about prior election results, spread false narratives on every subject, and disparage people, including women, minorities and veterans. How can we vote for anyone who condones and supports this outlook on life, never mind the policies!

No one candidate will meet all of our needs or fit with all of our values - but at some point, looking at those things that are imperative to a civil, compassionate and just society helps us make decisions.

Jim and Sally stand for human rights and women's healthcare rights. They support the integrity of our public school system, and are committed to listening to "we, the people," and keeping taxes in check.

They are ready to turn the page.

Voting with pride for Jim and Sally! *Donna Keeley*

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QUOTE**

Candle Making Workshop 5:30-7pm, Weds, November 6

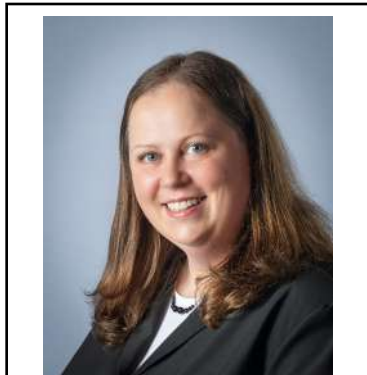
Join us at the Josiah Carpenter Library in Pittsfield for one of our highly anticipated candle making workshops! We will be making two 8 oz candles; you will be able to choose your jar color and select from 6 scents.



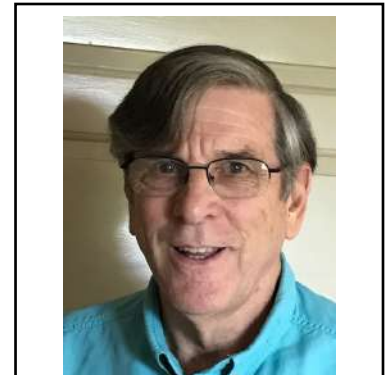
Workshop time will be 5:30-7pm. Due to the nature of this workshop, all participants are encouraged to arrive 5-10 minutes early. There are NO refunds or credits if you RSVP for this workshop and do not make it, as there are limited spots. For this workshop, we have added the option to make multiple candles (great for holiday gift giving!). Ticket Price includes: Light refreshments, making of 2 candles, and 10% off coupon on your next order with Stevens Farmhouse. TICKETS ARE REQUIRED. Please purchase tickets at stevensfarmhouse.com/.../candle-making-workshop *Melissa Babcock*, Josiah Carpenter Library



Senator Howard, Pearl,
Republican for NH Senate



Kelly Roberts,
Democrat for NH Senate



Jim Allard
Independent for NH House

Pittsfield Post

NH Senate and NH House of Representatives Candidate Survey

Should New Hampshire increase funding for childcare providers?

Pearl, R, NH Senate: I am open to increasing childcare opportunities as long as it does not increase the tax burden even further on our working families in New Hampshire.

Roberts, D, NH Senate: Yes! I believe New Hampshire should increase funding for childcare providers. Access to affordable, quality childcare is essential for working families and supports the economic well-being of our state. Investing in early childhood education aligns with our constitutional values, which emphasize the importance of education for all citizens. By supporting childcare providers, we not only help parents participate fully in the workforce but also invest in the foundational education that prepares our youngest residents for future success. Enhancing funding for childcare reflects our dedication to both families and the long-term prosperity of New Hampshire.

Allard, I, NH House: Childcare has become a critical element of workforce development and sustainment. However, these are elementally private business decisions, with few connections to the New Hampshire tax base. Covid-related federal funding is drying up, and the pernicious inflationary spiral is still with us. The only way to increase funding is to tax more, and that is something the majority of residents say, clearly, they do not want. Does the aging population of our state want their taxes increased to pay into a childcare system they have no connection to? What the state should do is facilitate the establishment and sustainment of these small businesses. The state can streamline licensing, health and safety inspections, and training programs for caregivers and other staff. The state should incentivize early childhood education training within the university system to encourage more students to make this career choice. The state could also facilitate small business loans wherever the need for these establishments is most critical.

Aures, R, NH House: This is a typical political question asking to provide funding to solve a problem without any parameters. I am not in favor of creating a massive government subsidy with no plan for funding and minimal guidelines not to overburden the provider with excessive legislation. This problem has already been burdened by the excessive pandemic funding that now is evaporating.

Kelly, D, NH House: Our children are our future.

We need to provide our children with every opportunity to be successful adults. Currently, families often entrust their most valuable asset, their children, to workers who do not even earn a livable wage. If there is an opportunity for us to start to rectify this scenario, we need to explore all options to accomplish that.



Cyril Aures
Republican for NH House



Sally Kelly
Democrat for NH House



Dan Schroth
Democrat for NH House



Clayton Wood
Republican for NH House

Schroth, D, NH House: As far as funding for childcare providers, the state is probably shirking their responsibilities on proper funding in this department too.

Wood, R, NH House: Childcare costs in New Hampshire are a significant issue, and efforts are being made to make it more affordable and accessible. Some areas I would like to explore are tax credits for working families and incentives for childcare providers. Legislative actions along these lines were taken in 2024: HB1056: Allows more flexibility in childcare service hours. HB1407: Balances increasing childcare center capacity with maintaining sufficient staff for child safety. HB1573: Revises licensing and monitoring for residential treatment programs. HB1584: Increases the number of children allowed in private home daycares. SB478: Simplifies regulations by eliminating child care employment eligibility cards. These measures aim to reduce costs, increase capacity, and maintain high-quality childcare standards.

Should New Hampshire guarantee the right to access abortion before 24 weeks?

Pearl, R, NH Senate: I believe it would be wrong to rewrite New Hampshire's Constitution to include abortion language and I believe New Hampshire has already achieved consensus on the abortion issue.

Roberts, D, NH Senate: I believe in upholding individual liberties and protecting personal medical decisions from government interference, principles consistent with our constitutional protections of privacy and personal rights. Guaranteeing the right to access abortion before 24 weeks ensures that women can make critical healthcare decisions in consultation with their medical providers. While I respect the diverse views on this sensitive issue, I support policies that safeguard women's autonomy over their own bodies, in line with our commitment to personal freedom and constitutional rights.

Allard, I, NH House: Current New Hampshire law does exactly that, and it should not be changed. Our present law results from a truly bi-partisan effort to strike a balance. The result is one of the country's best state statutes on this subject. Only an amendment to the state Constitution could "guarantee" abortion access, and that is a high bar to achieve. An amendment requires a two-thirds vote in both the House and the Senate, the governor's signature, and then a two-thirds vote by the NH electorate. In our polarized society, that would be a very difficult standard to reach. I believe the current law ought to be time tested to see if it meets the needs and desires of New Hampshire's stakeholders before seeking a change.

Aures, R, NH House: NH already guarantees a woman access to an abortion up to 6 months - 24 weeks, and longer if the mother's life is in danger... If NH streamlined the adoption process women might take advantage of allowing another family to raise that precious child. The adoption process in America has, over time, made it much too difficult for the average hopeful parents who can't afford overseas adoption fees.

Kelly, D, NH House: The decision to have or not have an abortion before 24 weeks is a privacy issue between the woman and her family and medical advisors. It is not my decision; it is not the state's decision; it is the mother's decision. NH needs to continue to guarantee the right to access abortion before 24 weeks. I support codifying into NH law, which passed in the House last session but failed in the Senate.

Schroth, D, NH House: Abortion is healthcare for women, anytime. I would never interfere with such a complicated and personal issue.

Wood, R, NH House: To guarantee the right to access abortion before 6 months means a change to the state constitution. I don't see it happening. Most constituents feel that 6 months is excessive for an abortion without a medical reason, which will always be covered. At some point, the child must have a guaranteed right to live.

Should New Hampshire's government do more to address climate change?

Pearl, R, NH Senate: No, I do not believe we need to expand the many laws that New Hampshire already has in place to improve the state's clean air and clean water.

Roberts, D, NH House: Yes! I believe that addressing climate change is both an environmental necessity and an economic opportunity for New Hampshire. Our state constitution recognizes the importance of conserving and protecting our natural resources for future generations. By taking proactive measures to combat climate change—such as investing in renewable energy and energy efficiency—we honor this constitutional commitment. These actions can also stimulate economic growth, create jobs, and ensure a healthier environment for all residents. It's imperative that our government leads in safeguarding our environmental heritage while promoting sustainable economic development.

Allard, I, NH House: Every level of government and every individual ought to do more to mitigate the effects of climate change. I say that while recognizing that New Hampshire is one state among fifty, and a small one at that. Genuine mitigation can only come from national and international efforts to reduce greenhouse gases and isolate carbon. Here in New Hampshire we must take steps to limit effects from sea level rise along our fourteen miles of coastline and into the Piscataqua Basin. Even in this heavily forested state, we should plant carbon-consuming trees in available public spaces. We should encourage and incentivize reforestation of private lands. Where feasible on both public and private lands, the state government needs to aggressively encourage alternative energy developments—while remaining mindful of the priceless value of our landscapes. Building code revisions need to address alternative energy inclusion for most new construction. And it is long past time to institute container redemption, as well as mandating all possible recycling. We should also revitalize hydropower from existing dams now idle, and prepare for the eventual shutdown of the Seabrook nuclear facility.

Aures, R, NH House: Our senators and representatives in Washington, DC should be requesting China and India to clean up their toxic environment. If they do, it will benefit NH and the planet much more than anything we can do. NH is less than .5% of the United States, nothing we could conceivably do by law can possibly have a measurable effect on the climate. We can continue to keep the NH economy among the top 3 economies in our nation by keeping regulations to a minimum. Three Mile Island is slated to be restarted as our nation's need for energy grows. Nuclear power is the cleanest energy source at this time, so we should start building nuclear facilities. Doing so would eliminate the unfriendly environmental windmills that kill countless birds and soon will be killing marine animals while destroying our beaches.

Kelly, D, NH House: The ski industry is an example of how climate change affects our state and reduces our state's revenues. When we don't have snow, we don't have out-of-staters spending money at our restaurants, stores and hotels, or paying our meals and hotel taxes.

The state needs to add more incentives for consumers to be more energy efficient. Some simple examples are to expand net metering for those who invest in solar energy, provide rebates to those who buy electric vehicles, and do what several of our neighboring states have done and provide an incentive for bringing your own bags to the grocery stores.

The state needs to ramp up its educational component for students, to teach them the effects of climate change and the simple steps they can take to make meaningful changes for the good of the environment and its future.



Schroth, D, NH House: Changes Everything - We need to rid ourselves of the Republican majority in the statehouse, who are pretty much anti-science and unintelligent when it comes to this issue; must be lack of oxygen.

Did you know you are only as resilient as your infrastructure? Pittsfield and Chichester have three HIGH HAZARD dams in a row. These dams are old and not built for what is coming. This issue is what I have been attempting to get our local and state officials to listen to me about!

What is Suncook Lake gonna look like, when it flows through our towns?

No. Republicans in the statehouse are more interested in taking away human and minority rights and focusing on who is screwing who. At your service!

Wood, R, NH House: I am not a big fan of groupthink and how correlations without pure science can relate apples to oranges. I was trained, tested, and encouraged always to suspect any result that I was expecting! A quick search brought out a paper from UNH that "New Research Reveals Climate Change Impact on Forests May Be Lower Than Expected!" Enough said. NH is dependent on fossil fuels, has no direct pipeline, limited electric delivery, propane delivery is only allowed by port using the most antiquated shipping (we tried to change this by vote but failed), 18 miles of coastline with the Isles of Shoals only 6 miles off the coast, wind patterns with an average too low to generate any output, a sun inclination during the winter months that is too inefficient, and finally, the only power generated in the state is nuclear, which has a low (no) greenhouse gas fingerprint. I would encourage the House to work more on the cost issues and solutions that work for NH. Our energy cost is the highest in the country!



MST MID-STATE TRANSIT

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VOTER SHUTTLE SERVICE

NOVEMBER 5, 2024


About the Voter Shuttle Service

Mid-State Transit (MST) is pleased to announce it is adding a special Voter Shuttle bus service to help Belknap and Merrimack residents get to the polls on November 5 for the general election! Call to schedule before 2:30 pm Monday, November 4, 2024.

Call today to reserve a seat at 603-225-1989

MST is a service of CAPBM
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2 Industrial Park Dr., Concord

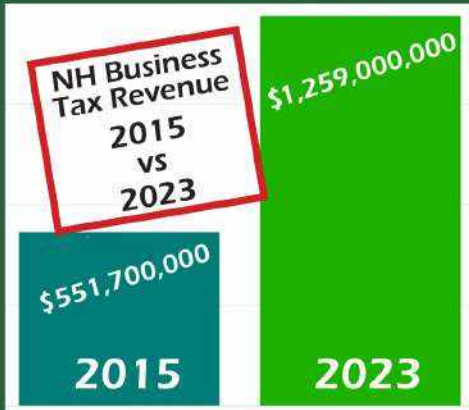
- This **free service** will pick up individuals from home or work, drop off at the requested polling location and will return a short time later for the return trip making it very convenient to get out and vote this election cycle!
- Call in advance to schedule but no later than 2:30 pm the day before election day.
- Available to any voting age Merrimack County or Belknap County resident in the MST service area going to the polls.



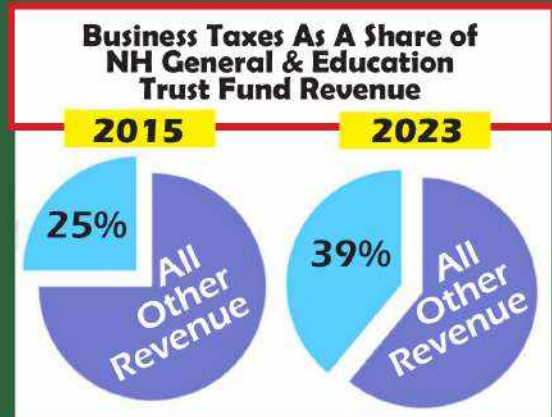
November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
<div style="border: 1px solid black; padding: 5px; width: fit-content;"> Senior Center Hours Monday & Thursday 8am -1pm Wednesday 7:30am-1pm </div>					6:30pm Family Movie Night, Joy Church ¹	4pm Suncook Valley Rotary Penny Sale, PMHS Gym ²						
3	6:30pm Victory Workers 4-H meeting, PES 6:30pm American Legion, Town Hall	4	7 am-7 pm General Election Day, PMHS Gym 9-11am, Diaper Pantry, First Cong. Church Schools closed for Election Day	5	6:30 pm Rotary Club, Historical Society 7pm Suncook Valley Sno-Riders meeting, Fire Station	6	5:30pm School Board Meeting, PMHS Media Center 6pm Zoning Board Meeting, Town Hall	7	8	9	8:30am Community Breakfast, Joy Church	
10	6:30pm JCL Mead & Read Book Club 7pm Chamber of Commerce, Community Center Veterans Day Town Hall and Schools Closed	11	6pm Selectboard Meeting, Town Hall 7:15pm Parks & Rec Meeting, Community Center	12	9:30am J. Carpenter Library Trustees Meeting, Library 4pm Community Development Committee Meeting, Town Hall	13	9am VNA <i>Beat the (Winter) Blues</i> presentation, Senior Center 7pm Planning Board Meeting, Town Hall	14	15	16	7:30pm Pittsfield Players present <i>Into the Woods</i> , Scenic Theatre 7:30pm Pittsfield Players present <i>Into the Woods</i> , Scenic Theatre	
17	2pm Pittsfield Players present <i>Into the Woods</i> , Scenic Theatre	18	5:30pm Community Supper, Congregational Church 6pm Selectboard Meeting, Town Hall	19	6pm PESPTO Meeting, PES, 6pm Selectboard Meeting, Town Hall	20	Noon Senior Center Thanksgiving Lunch 6:30 pm Rotary Club, Historical Society	21	5:30pm School Board Meeting, PMHS Media Center 7pm Conservation Commission Meeting, Town Hall	22	23	7:30pm Pittsfield Players present <i>Into the Woods</i> , Scenic Theatre 7:30pm Pittsfield Players present <i>Into the Woods</i> , Scenic Theatre
24	4pm Teen Book Club, JC Library 5:30pm Soups On, Congregational Church 6pm Old Home Day Committee, JC Library	25	26	27	28	29	30	Thanksgiving Schools and BCEP Closed				

Republicans LOWERED the tax rate on NH businesses in 2015, resulting in increased revenue growth. MORE revenue was generated.



When NH businesses are taxed LESS, revenue for public school education grows.



Democrats' "fair tax" plan is to tax business MORE. The record shows LOWERING the business tax rate creates MORE revenue! Democrats continue to raise taxes, hurting the NH economy.

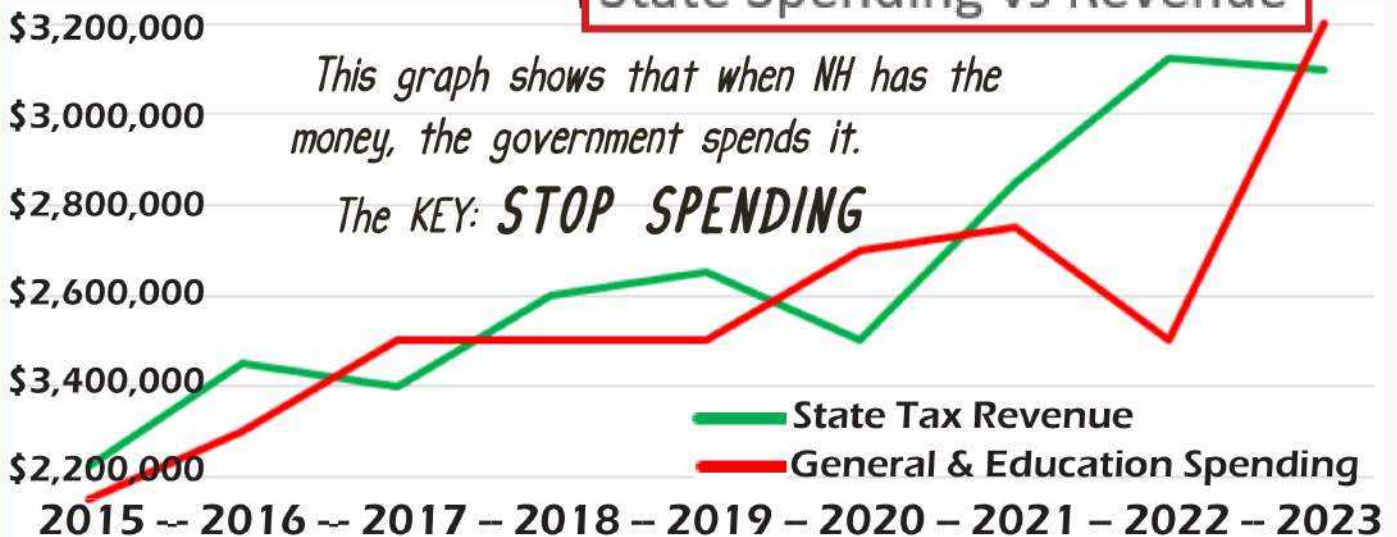
All graphs shared by C & C are taken from <https://jbartlett.org/category/taxation/>

The way to prosperity is to reduce spending. If you didn't have enough money to pay your bills would you increase spending?

It takes a lot of discipline, which the democrats don't have. We can change the World from NH.



State Spending vs Revenue



To The Pittsfield Post

In November, Pittsfield voters will have an opportunity to improve their connection with the NH Legislature.

Improvement is needed.

At present, Pittsfield is represented in Legislative District 13 by a Libertarian whose values regarding government are not what the town needs and deserves.

Jim Allard, who has represented Pittsfield successfully in the past, is a candidate who understands the town's needs and who has worked with other lawmakers to provide constructive legislation for meeting those needs.

Our current representative sends the *Post* lists of the legislature's actions, but refuses to give the newspaper any information regarding how he voted on them. This, in spite of several specific requests which were met with the explanation that providing such details would be 'too hard to do.'

Jim Allard will provide the voters with his voting record, which has always been impressive.

The libertarian who now represents the town is involved in a campaign financed by lots of out-of-state money. The question is, what else is it buying?

Jim Allard is running a campaign which involves local volunteers.

Let's get the town's needs out of the control of remote partisan politics and back in the hands of a proven local individual. Vote for Jim Allard on November 5th.

Bill Miskoe

Which Party Promotes Learning?

NH is what's known as a Dillon's rule state. Like it or not, this means that decisions made in the state legislature that affect education trump local control. That's why I found it interesting to compare what NH legislators spend their time on. It was republican legislators who crafted the bill requiring cursive writing be taught in NH schools. It was republicans who crafted the bill that requires NH high school students to pass the same civics exam as those individuals who are applying for US citizenship, before they graduate. Democrats, meanwhile, have been busy crafting legislation to mandate that all NH students use preferred pronouns. For the record, that's called coerced speech and it violates the first amendment of the Constitution. Fighting against the very safe and sensible Girls-Sports-for-Girls bill has been a regular and consistent workout for Democrats. And let's not forget how preoccupied they are with the Hide-it-From-Horrible (Maybe, Possibly)-Parents legislation. I'm thinking we could use a bill that, say ... requires that schools use a phonics-based program to teach reading in the early grades or that students demonstrate they have memorized the multiplication facts before they graduate 6th grade. Given the above track record, we can guess which party will work on actual learning-focused legislation. Remember in November!

Diane Rider

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PITTSFIELD POST www.PittsfieldNHCommunityCenter.org

The *Pittsfield Post* is a non-profit, free newsletter that serves Pittsfield citizens, businesses, town government, town schools and charitable organizations. The newsletter publishes relevant and important news, information, and special interest stories that impact residents, keeping the community informed and providing a forum for dialogue.

The *Pittsfield Post* is published bi-weekly, in both print and digital formats, through the efforts of a volunteer team of residents.

Please support your community newsletter.

Checks should be made out to the non-profit: Pittsfield Center Development Corporation, memo: Pittsfield Post. P.O. Box 253, Pittsfield, NH 03263. Donations may also be made on our website.

Send us your news! Individuals, community groups and businesses, email us your news, opinions and creative work. Details about submissions are on our website. Deadline is 9am on Friday.

Pittsfieldnews@pnhcc.org

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VOTE ON TUESDAY, NOVEMBER 5

Paid for by Sally Kelly for State Rep



Cook's Corner

Creamy Chicken Enchilada Soup

I realize our sights are turning toward Thanksgiving, as the calendar reminds us, that lovely holiday is right around the corner. But if, like me, you're a little

over everything "pumpkin spiced," this is our time to tuck in a super easy, very tasty "Mexi" dish. This soup (it's more like a stew) is DELISH. If you can, it's best to make this with shredded rotisserie chicken, it adds a lot more flavor (Sam's Club sells a large rotisserie for \$5, unbeatable price). But if that's not an option, just boil or bake some boneless chicken breast and shred it. Make this one soon and do not skimp on the toppings. The toppings make this bowl of wonderfulness zing! I usually serve this with a side of salad and mini flour tortillas with cheese and scallions. Ole, ole mi amigos!!have pumpkin spiced coffee in the morning, if necessary.

- 1 TBSP vegetable oil
- 1 cup chopped onion
- 3 cloves garlic, minced
- 5 cups chicken broth
- 1 (15 oz) can diced tomatoes, do not drain
- 1 (4 oz) can chopped green chiles
- 6 corn tortillas, chopped
- 2 tsp chili powder
- 1 tsp ground cumin
- 3 cups shredded, cooked chicken breast (rotisserie chicken works well here)
- 4 oz low fat cream cheese, softened
- 1 cup shredded Cheddar cheese
- 1 & 1/2 tsp cornstarch
- Toppings: fresh chopped cilantro, sour cream, jalapenos, guacamole

Heat oil in a large pot over medium heat. Add onion and cook, stirring occasionally, for about 3 minutes. Add garlic and cook another 1 minute. Add broth, tomatoes (with juices), chiles, tortillas, chili powder and cumin. Stir well; bring to a boil. Reduce heat to a simmer. Cover and cook on a low simmer for 20 minutes.

Ad the chicken and cream cheese, stirring until cheese melts. Remove from heat.

Combine Cheddar and cornstarch in a bowl, toss well to coat the cheese. Gradually add the cheese to the soup, stirring along the way until cheese is melted, about 1 to 2 minutes.

Serve with suggested toppings. *M.P. Christakos*

Express your Opinion!

Do you have opinions or questions you would like to share?

Submission Guidelines

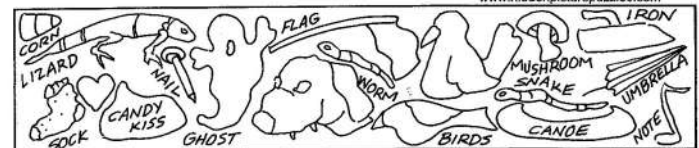
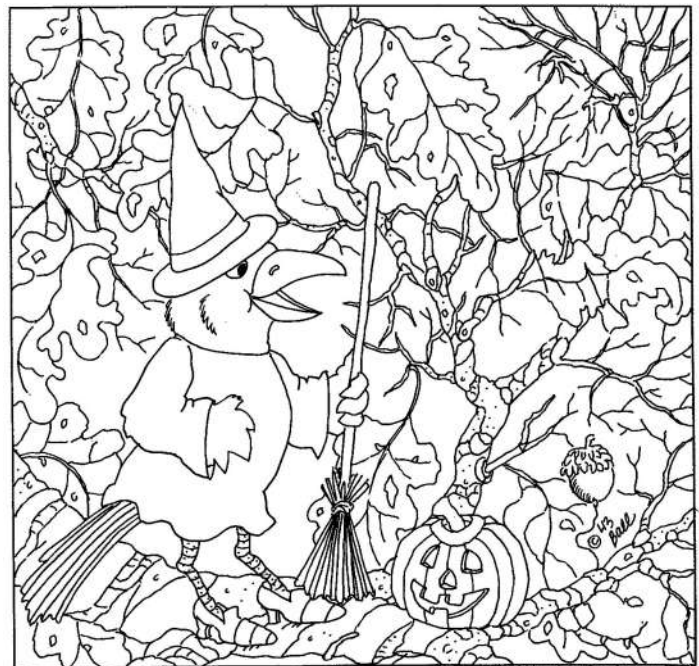
- ▶ Identify yourself and provide contact information.
- ▶ 300 words or less; exceptional information may exceed the word limit at the discretion of the Post Content Team.
- ▶ Topics may include events, issues, and opportunities about or affecting Pittsfield.
- ▶ Please be civil, factual, specific, and clear. No submission is guaranteed publication.

Deadline is 9 a.m. on Friday via pittsfieldnews@pnhcc.org

The Post Volunteers



Find the Hidden Objects



Business Cards • Forms • Business Checks • Brochures
Color Copies • Stationery • Graphic Design • Magnets
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Vote down ballot for Republicans & BOTH Reps!

Official 2024 Ballot Governor

TRUMP

Ayotte Congress

Lily Tang Williams Executive Council

John Stephen Senator

Howard Pearl Representative(s)

Cyril Aures

Clayton Wood

FINISH THE BALLOT

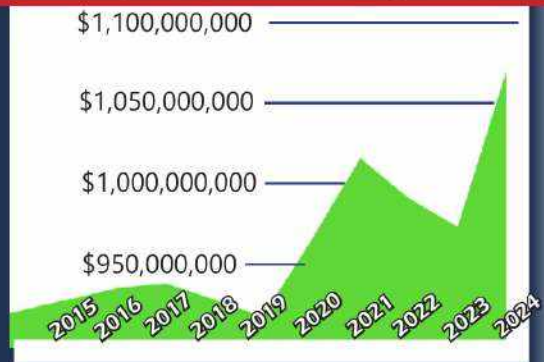
AURES Vote! ON NOV. 5TH!

WOOD

STATE REPS

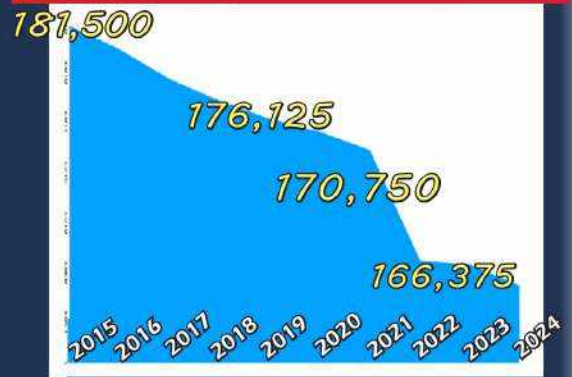
PITTSFIELD CHICHESTER

State schools keep GETTING more funding.
State Adequate Education Aid, 2015-2024



But where does it go? They get more and serve fewer.

N.H. Public School Enrollment 2015-2024



NH State public school enrollment continues to freefall.

We always DO what we say....

...& we SAY what we do!



A TREAT !

The schools need a new plan. More money will not help.
 The focus needs to be on education!
 Solid conservative ideas are the key to success!
 Do more with less.
 Vote the Republican Ticket! No TRICKS !!